



What is the Candidate Physical Ability Test (CPAT)?



One of the important steps of becoming a firefighter is to pass the CPAT.

During the entire test, the candidate must wear a 50 lb. weighted vest (simulating the weight of a firefighter's protective clothing and equipment).

The eight events are:

Stair Climb (climbing stairs while carrying an additional 25 lb. simulated hose pack)

Ladder Raise and Extension (placing a ground ladder at the fire scene and extending the ladder to the roof or a window)

Hose Drag (stretching uncharged hose lines, advancing lines)

Equipment Carry (removing and carrying equipment from fire apparatus to fire ground)

Forcible Entry (penetrating a locked door, breaching a wall)

Search (crawling through dark unpredictable areas to search for victims)

Rescue Drag (removing victim or partner from a fire building)

Ceiling Pull (locating fire and checking for fire extension)

To **view a video about the CPAT** use this link: <https://www.youtube.com/watch?v=F330qzb62J4>

